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#### 1 Theme Introduction

# English & Drama

This camp is all about helping kids improve their English through the power of drama!

With acting exercises, improv games, and creative performances, they'll boost their communication skills, confidence, and fluency in English—all while having fun. They'll learn practical language skills that last a lifetime.



#### 2 Health Guidelines

## Health Guidelines

The Mindful Camp follows the guidelines of MOH to keep our children, staff and families safe.

#### Please note:

• If your child is unwell with respiratory symptoms like cough, sore throat and runny nose, please let them rest at home. Children with temperatures higher than 38°C will be sent home. Children who miss more than 2 days of camp due to illness will be given a credit note for future camps.

## **3 Ensuring Safety**



Your child's safety is of paramount importance to us. We work together with both parents and our vendors in ensuring the safety of your child.



To help our campers prepare for the week, we hope you would review the notes in our <u>Code of Conduct</u> with your child.



#### **Facilitator-to-camper Ratio**

We maintain a ratio of ONE (1) facilitator to EIGHT (8) children to ensure a safe and welcoming environment for all.



#### **Aggression and Unsafe Behaviour**

Parents will be notified if their child exhibits aggression and unsafe behaviour during camp. <u>Aggression & unsafe</u> behaviour will not be tolerated.

We will require a child to leave should their actions endanger the safety of themselves and others. Any form of refund will not be provided in such cases.



#### **Injuries**

Over the day, children may sustain small bumps or scrapes during playtime or outdoor activities. We seek your understanding that such mishaps may occur and is an essential part of growing up and taking risks.

## 4 Important Information



A WhatsApp Group will be set up on Sunday to put out daily announcements and reminders.

For urgent matters, the Camp Leader is your point-of-contact in camp.



## **Special Needs**

Our facilitators are not able to provide 1 to 1 or the same level of support as educational assistants or behaviour therapists. If your child has special needs and/or is experiencing behavioural issues, please contact us at 9797-0091.



### **Camp Photos & Videos**

Photos and videos taken during the camp may be used for our marketing materials. Please let us know if you prefer your child not to be photographed.

## **4 Important Information**



#### **Lunch & Snacks**

Campers are served a packet of nutritious lunches daily. Snacks are provided twice a day. In addition, our caterer offers options for regular, vegetarian, gluten-free, egg& dairy-free options.



## **Special Dietary Requirements**

Please let your Camp Leader know if your child has other special dietary requirements or allergies.

We apologise for any inconvenience caused while we cannot cater to specific dietary needs and food allergies.



#### **Minimising Nut Allergens**

While we strive to provide a safe environment for all campers, please note that our camp is not 100% nut-free. To minimise the risk of allergic reactions, we kindly request that you do not send snacks or food containing nuts to camp.

## 5 Arrival and Pick-Up



Please notify your camp leader if you are running late for Dropoff or Pick-up.



There will be minimum supervision outside of the official hours.



<b>©</b>	MON	TUE	WED	THU	FRI
Official Arrival Time	<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>	<u>9:00am</u>
<u>Official</u> <u>Pick-up</u> <u>Time</u>	<u>4:30pm</u>	<u>4:30pm</u>	<u>4:30pm</u>	<u>4:30pm</u>	<u>4:30pm</u>

Drop-off and Pick-up are at the same point daily unless otherwise notified.

## 6 Camp Base



Address:

Dulwich College Singapore 71 Bukit Batok West Avenue 8, Singapore 658966



Meeting Point
Your Camp Leader will
meet you at the Drop-off
point on Monday



Please drive around to Junior School drop off

## **ENGLISH & DRAMA CAMP!**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday			
AM	Welcome Cheers & Bonding	Character Creation (Building characters for skits and stories)	Morning Grammar Games	Character Creation (Building characters for skits and stories)	Fashion Drama Walk			
	What is English? (Fun Facts & Games!)	Storytelling Workshop	Parachute Team Game	Star Performances: Show Off Your Skits!	Final Rehearsal: Act it Out!			
	Drama Warm-ups (Voice & Movement)	Drama Skit (Drama Techniques)	Drama Skit (Act it Out!)	Craft: Art Attack!	I Appreciate You			
Lunch	Mindful Lunch							
PM	Water Splash Games	Fun in Kitchen!	Rehearse, Perform, Shine!	Field Trip	Theatre Performance			
	Fun with Words: Games Galore!	Word Wizard Challenges	Craft: Art Session!	riela ITIP	Celebration Time: You Did It!			
	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)			

## **PACKING LIST**

#### Monday

#### Attire

Sports Shoes & Comfy Activewear

#### <u>Packing List</u>

- □ Sunscreen
- ☐ Insect repellent
- □ Hat/cap
- □ Water bottle

#### For water games:

- □ Extra Clothes
- □ Extra Pants
- □ Towel + Wetbag
- □ Slipper/Crocs

#### Tuesday

#### Attire

Sports Shoes & Comfy Activewear

#### Packing List

- □ Sunscreen
- ☐ Insect repellent
- □ Hat/cap
- □ Water bottle

#### Wednesday

#### Attire

Sports Shoes & Comfy Activewear

#### Packing List

- □ Sunscreen
- ☐ Insect repellent
- □ Hat/cap
- □ Water bottle

#### **Thursday**

#### Attire

**Camp Tshirt** 

& Sports Shoes

#### Packing List

- □ Sunscreen
- □ Insect repellent

Friday

Attire

**DRESS UP** Outfit

(e.g. princess, astronaut,

monster)

- □ Hat/cap
- □ Water bottle

#### Packing List

- □ Sunscreen
- □ Insect repellent
- □ Hat/cap
- □ Water bottle



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A healthy dose of mindfulness, arts, nature and play for the thriving child!