



DULWICH COLLEGE (SINGAPORE)

RIVER CAMP PACK

The
Mindful
Camp

This camp pack is for the following weeks:



30th June to 4th July

7th to 12th July

14th to 19th July

21st to 24th July

28th July to 1st August

4th to 8th August



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2 Ensuring Safety



Your child's safety is of paramount importance to us. We work together with both parents and our vendors in ensuring the safety of your child.



To help our campers prepare for the week, we hope you would review the notes in our Code of Conduct with your child.



Facilitator-to-camper Ratio

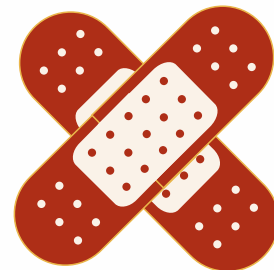
We maintain a ratio of ONE (1) facilitator to EIGHT (8) children to ensure a safe and welcoming environment for all.



Aggression and Unsafe Behaviour

Parents will be notified if their child exhibits aggression and unsafe behaviour during camp. Aggression & unsafe behaviour will not be tolerated.

We will require a child to leave should their actions endanger the safety of themselves and others. Any form of refund will not be provided in such cases.



Injuries

Over the day, children may sustain small bumps or scrapes during playtime or outdoor activities. We seek your understanding that such mishaps may occur and is an essential part of growing up and taking risks.

3 Important Information



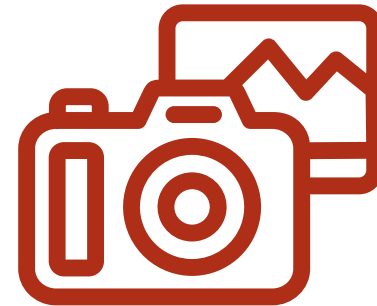
A WhatsApp Group will be set up on Sunday to put out daily announcements and reminders.

For urgent matters, the Camp Leader is your point-of-contact in camp.



Special Needs

Our facilitators are not able to provide 1 to 1 or the same level of support as educational assistants or behaviour therapists. If your child has special needs and/or is experiencing behavioural issues, please contact us at 9797-0091.



Camp Photos & Videos

Photos and videos taken during the camp may be used for our marketing materials. Please let us know if you prefer your child not to be photographed.

3 Important Information



Lunch & Snacks

Campers are served a packet of nutritious lunches daily. Snacks are provided twice a day. In addition, our caterer offers options for regular, vegetarian, gluten-free, egg& dairy-free and seafood-free options.



Special Dietary Requirements

Please let your Camp Leader know if your child has other special dietary requirements or allergies.

We apologise for any inconvenience caused while we cannot cater to specific dietary needs and food allergies.



Minimising Nut Allergens

While we strive to provide a safe environment for all campers, please note that our camp is not 100% nut-free. To minimise the risk of allergic reactions, we kindly request that you do not send snacks or food containing nuts to camp.

3 Important Information



Lazy Time

As part of our structured rest programme, campers enjoy a designated “Lazy Time” to unwind and recharge. They may choose quiet board games, drawing, reading, or a short nap.

We also curate brief, PG films that complement the week’s themes, and total screen time is limited to no more than 60 minutes per week.

Some of the films we may include are:

Wonder

Inside Out

The Garfield Movie

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4 Arrival and Pick Up



Please notify your camp leader if you are running late for Drop-off or Pick-up.



There will be minimum supervision outside of the official hours.



	MON	TUE	WED	THU	FRI
<u>Official Arrival Time</u>	9.00am	9.00am	9.00am	9.00am	9.00am
<u>Official Pick Up Time</u>	4.30pm	4.30pm	4.30pm	4.30pm	4.30pm

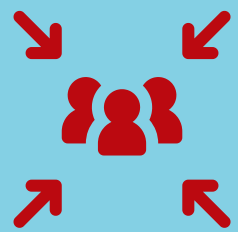
Drop-off and Pick-up are at the same point daily unless otherwise notified.

5 Camp Base



Address:

Dulwich College Singapore
71 Bukit Batok West Avenue
8, Singapore 658966



Meeting Point

Your Camp Leader will
meet you at the Drop-off
point on Monday



Please drive around to Junior School drop off

TIME	Monday Ultimate Game-Day	Tuesday Artists Studio	Wednesday Earth Heroes	Thursday Fun-treprenuer	Friday Mythical World
AM	Welcoming Campers & Safety Briefing	Mindful Breathing & Safety Briefing	Mindful Breathing & Safety Briefing	Mindful Breathing & Safety Briefing	Mindful Breathing & Safety Briefing
	Bonding Games	Crafty Tales (Storytelling)	Field Trip: Farm Tour	Mini Supermarket Simulation	Music & Dance (Trolls Edition)
	Giant Gameboard Race (Outdoor Games)	Portrait Crafts			Magical Crafts (Art)
Lunch	Mindful Lunch				
PM	Bubbles & Balloons	Mini Art Gallery Showcase	Hero Badges Creation (Art)	Mini Bakers	Telematch Games (Outdoor Games)
	Splash & Catch (Water Games)		Decorate Pots & Grow Plants	Little Bakers' Market (Campers Only)	Friday Finale Performance
	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)	Mindful Ending (Pickup: 4:30pm)

PACKING LIST

Monday	Tuesday	Wednesday	Thursday	Friday
Attire Sports Shoes & Comfy Activewear	Attire Sports Shoes & Comfy Activewear	Attire Sports Shoes & Comfy Activewear	Attire Sports Shoes & Comfy Activewear	Attire DRESS UP Outfit (e.g. princess, astronaut, monster)
<u>Packing List</u> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Insect repellent <input type="checkbox"/> Hat/cap <input type="checkbox"/> Water bottle For water games: <input type="checkbox"/> Extra Clothes <input type="checkbox"/> Extra Pants <input type="checkbox"/> Towel + Wetbag <input type="checkbox"/> Slipper/Crocs	<u>Packing List</u> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Insect repellent <input type="checkbox"/> Hat/cap <input type="checkbox"/> Water bottle	<u>Packing List</u> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Insect repellent <input type="checkbox"/> Hat/cap <input type="checkbox"/> Water bottle <input type="checkbox"/> Extra Clothes	<u>Packing List</u> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Insect repellent <input type="checkbox"/> Hat/cap <input type="checkbox"/> Water bottle	<u>Packing List</u> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Insect repellent <input type="checkbox"/> Hat/cap <input type="checkbox"/> Water bottle <input type="checkbox"/> Extra Clothes

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A healthy dose of mindfulness, arts, nature and play for the thriving child!